**SAINT REFLECTION (11th Grade Only)**

**DUE: February 17th, 2019**

**History behind the Confirmation Name**

The tradition of selecting a saint’s name for Confirmation grew out of a pre-Vatican II practice

that asked Confirmandi to select a Saint’s name to be invoked during the Rite of Confirmation.

Some of your parents and grandparents may have been required to do this. However, since

Vatican II, this practice is no longer a requirement of the Rite of Confirmation. The Church

invites Candidates to keep the name given to them at Baptism.

The Church strongly suggests that you use the name your parents gave to you at Baptism. The

reason is that Confirmation is the fullness or completion of the Sacrament of Baptism. Neither

the Rite of Confirmation nor the Code of Canon Law refers to the custom of selecting a

Confirmation name.

The Rite simply refers to the candidate being “called by name.” The presumption is that the

Candidate is called by the name given at the time of Baptism. The Baptismal promises your

parents made on your behalf when you were a baby are renewed at Confirmation.

<https://www.archmil.org/Youth-Ministry/Confirmation-Names.htm>

**The Saint Reflection**

Whatever name you decide on, your own name or that a favorite saint, we ask that you

explore how this holy person, this saint, and offers you witness to walk more closely with Christ

during the Confirmation preparation process.

Find out if you were named after a beloved family member or favorite saint; or, research the

roots of your name as a derivative of a Christian name.

If you intend to take another name for Confirmation, tell us explicitly either:

1. For Confirmation, I am taking the name of … because **OR**

2. For Confirmation, I am affirming my Baptismal name of … because

**Guidelines for writing your Saint Reflection** (1 page minimum, please)

Pray, reflect and let the Holy Spirit guide you in your search.

Start with: For Confirmation I am taking/affirming the name...

Provide a brief summary of their life.

What did they do with their lives that made them worthy of sainthood?

Why did you select this saint?

How can the life of this saint be a model of faith and commitment to you throughout the

Confirmation process?

**Resources**: Here are some good places to start:

http://americancatholic.org/

http://www.catholic.org/saints/

http://www.catholic-forum.com/saints/indexsnt.htm

http://www.vatican.va/news\_services/liturgy/saints/index\_saints\_en.html