**SERVICE TO OTHERS: BEING MELLOW OF HEART**



**HOURS DUE: February 17th, 2019 (mainly for 11th Grade)**

**REFLECTION (11th Grade Only) DUE: February 17th, 2019**

The rationale behind this requirement is to encourage the Candidates for Confirmation to become

mellow of heart and spirit. Sanctity has to do with gratitude. To be a saint is to be fueled by gratitude;

nothing more, nothing less.

Sanctity is as much about having a mellow heart as it is about believing and doing the right thing. A

Catholic theologian, Gustavo Gutierrez, OP, suggests that to have a healthy spirituality, we must feed

our souls in three ways: through prayer, through the practice of justice and through those things in

our lives (like great friendships, creativity and healthy leisure) that help keep our soul mellow and

grateful. For Gutierrez, our task as Christians is to transform the world through love and justice.

And, only one kind of person transforms the world spiritually—one with a grateful (mellow) heart.

To serve, then, is a true gift for both the recipient and the giver. It is important not only to listen and

understand the Word of God, but also to apply the lessons learned. This is essential to living as a

Christian and following Jesus’ footsteps.

The connection between Confirmation and service is this: That each confirmed Christian has a calling and a responsibility to serve as a living example of Jesus’ teachings – to serve one another with mellowness of heart. God calls us to serve and we say, “Here I am, Lord!”

This is also an opportunity for the candidates to explore ways in which they can be of service to our

parish and the community at large.

**Requirements:**

1. Minimum of 30 hours of service to the community (**10 hours for each year)**
   1. **50% hours must be associated with hours to St. Peter Parish.**

2. Candidate may document their hours on the sheet included in this packet

3. All documented service hours will be honored

4. Service should be directed to people, i.e. human-to-human interaction

5. It is the Candidate’s responsibility to fulfill the requirements of this project

6. Service Hour Form due in to Kurt Baumann/teachers on or before Sunday, February 24th

7. Service Reflection (11th Grade Only) due to Kurt Baumann/teachers on or

by Sunday, February 24th

**Guidelines:**

1. Service should be to our parish community (50%).

2. Service should reflect work done beyond the usual chores and duties done at home

2. Service should be directed to people, i.e. human-to-human interaction

3. Service should not have any financial rewards

4. Service should be done with a willing, mellow heart and carried out in a generous spirit

**Reflection questions:**

1. What was your service project(s)? - 1 paragraph only

2. Describe your experience/s. Was it a new experience?

3. Was it difficult/easy? Do you think you made a difference?

4. What did you learn about yourself in doing these projects?

5. Has this service experience enhanced your understanding of Confirmation?